

What's On Your Plate? Exploring the World of Food

Author: Whitney Stewart

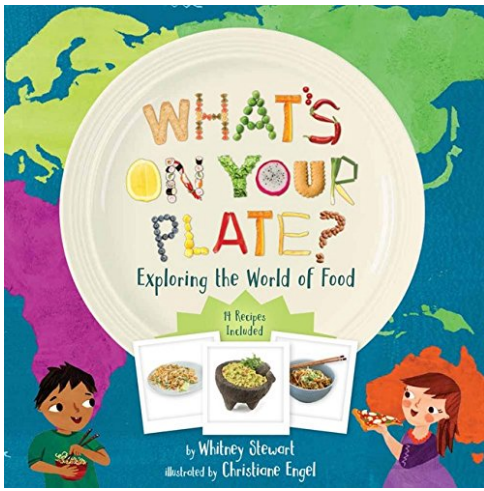
Illustrator: Christiane Engel

Publisher: Sterling Children's Books

Number of Pages: 33

Interest: K-3

Summary: What's on your plate? Chances are it's not quite the same as what's on other children's plates around the world. Come on a journey to see how people in different countries prepare, eat, and think about their food. Beautiful photographs and illustrations capture the food culture of 14 countries, from Brazil and Spain to Morocco, India, and China. Each spread includes an overview of the country and its native foods, photographs of the various dishes with pronunciations and descriptions, an easy recipe for kids to try, and an illustrated crop map of the country. With so many fun elements to intrigue them, young foodies will be excited to learn about how people eat across the globe! (from the Publisher)



Food Around the World (Adventures in Culture)

Author: Charles Murphy

Illustrator:

Publisher: Gareth Stevens Publishing

Number of Pages: 24

Interest: K-3

Summary: Tamales, falafel, moussaka, Peking duck . . . hungry yet? These culinary treasures are traditional dishes in various countries, though they have gained popularity in other regions as well. Readers will be ravenous to find out more about these delicacies and ones less familiar. They'll discover through appetizing, accessible text and mouth-watering photographs that their sense of taste is a great way to ingest cultural concepts! ~from the Publisher

The Food We Eat (My World Your World)

Author: Ellen Lawrence

Publisher: Ruby Tuesday Books

Pages: 24

Interest: K-3

Summary: In *The Food We Eat*, readers will meet children from around the world and find out what foods they eat, where the foods come from, and how they are prepared. The difficulties many people face in obtaining enough food are also sensitively explored. From gathering fruit in the Amazon rain forest to growing vegetables in a hot, dry African garden, from helping on a family fishing boat to helping milk the family's yak, readers will gain a fascinating insight into how people obtain the food they need. ~from the Publisher

Food Atlas: Discover All the Delicious Foods of the World

Author: Giulia Malerba

Illustrator: Febe Sillani

Publisher: Firefly Books Ltd.

Number of Pages: 71

Interest: 3-6

Summary: An exciting visual journey around the world of foods and flavors. *Food Atlas* takes readers on a global discovery tour of the ingredients, dishes, and culinary curiosities that characterize the world's contents. The book features appealing illustrations and concise captions organized into 39 regional maps that focus on one country. The book closes with a world map that shows how explorers carried some of the world's most widely eaten foods from their land of origin to new lands, where they now fill grocery stores and markets around the world. g. rice and citrus came from China; coffee from Ethiopia; black pepper from Vietnam; and so on for all 23 world-traveling foods. ~from the Publisher