

Jefferson Public Library
Teen Special Collection titles
April 20, 2019
Katherine Pitman- Director
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- Adoption** **Adopted teens only** by Danae Gorbett
- Alcohol Abuse** **For teenagers living with a parent who abuses alcohol/drugs** Edited by Edith Lynn Hornik-Beer
- Anxiety** **101 ways to conquer teen anxiety** by Dr. Thomas McDonagh
- Anxiety** **The anxiety survival guide for teens : CBT skills to overcome fear, worry & panic** by Jennifer Shannon
- Bullying** **Dealing with bullies, cliques, and social stress** by Jennifer Landau
- Bullying** **The survival guide to bullying** by Aija Mayrock
- Dating** **Dating etiquette and sexual respect** By Jennifer Culp
- Dating** **Dating smarts : what every teen needs to know to date, relate or wait!** by Amy Lang
- Depression** **Helping a friend who is depressed** by Richard Worth
- Divorce** **A teen's guide to custody** by Timothy Callahan
- Divorce** **Divorce is not the end of the world** by Zoe Stern
- Divorce** **Split in two** by Karen Buscemi
- Eating Disorders** **Conquering binge eating** by Nita Mallick
- General** **I've got this friend who...** edited by Anna Radev
- Grief** **Grief recovery for teens : letting go of painful emotions with body-based practices** by Coral Popowitz
- Grief** **Healing your grieving heart** by Alan D. Wolfelt
- Grief** **Teens, Loss, and Grief** by Edward Myers
- Grief** **When a friend dies** by Marilyn Gootman
- Heroin** **The heroin crisis** by John Cashin
- LGBTQ** **Gay-straight alliances : networking with other teens and allies** by Kristina Heitkamp
- LGBTQ** **Coming out and seeking support** by Robert Rodi
- Middle School** **A smart girl's guide, middle school** by Julie Williams
- Middle School** **Drama Years** by Haley Kilpatrick
- Nutrition** **Teens, nutrition, and dieting** by Christine Wilcox
- OCD** **Teens and OCD** by Barbara Sheen
- Parents** **When parents have problems** by Susan B. Miller
- Prison** **Juveniles growing up in prison** by Larry E. Sullivan
- Puberty** **The boy's body book** by Kelli Dunham
- Puberty** **American Medical Association boys' guide to becoming a teen** by Amy Middleman

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- Puberty** **The period book** by Debbie Palen
- Questions** **100 questions you'd never ask your parents** by Elisabeth Henderson
- School** **School Fears** by H.W. Poole
- Self Care** **Project you : more than 50 ways to calm down, de-stress, and feel great** by Aubre Andrus
- Self-Esteem** **Self-esteem for teens : six principles for creating the life you want** by Lisa M. Schab
- Self-Harm** **Self-injury and cutting** by John Shea
- Sex** **From your doctor to you : what every teenage girl should know** by Fatu Forna
- Sex** **Do you wonder about sex and sexuality?** By Stephen Feinstein
- Sex** **Sex : an uncensored introduction** by Nikol Hasler
- Sex** **Sex, Sperm, & STD's What every teenage boy needs to know** by Rajasingam Jeyendran
- Sextortion** **Everything you need to know about sextortion** by Avery Hurt
- Smoking** **E-cigarettes : the risks of addictive nicotine and toxic chemicals** by Elissa Bass
- Stress** **Stress less : how to achieve inner calm & relaxation** by Aubre Andrus
- Suicide** **The power the prevent suicide** by Richard E. Nelson
- Suicide** **Project Semicolon: Your story isn't over** by Suicide Awareness
- Violence** **Gender-based violence and women's rights** by Zoe Lowery

